

J U N E 2<sup>N D</sup> , 2 0 1 5

Sistah's Organized & Unified for Liberation

# Soul Sistah Series

In pursuit of a pleasure filled life

## Your Yoni & You!

Here's what I can tell you about our last event. If you missed it, you missed one hell of a pleasurable time.

Sexiness was on the menu and we gobbled it up.

The ladies soaked, steamed, were rubbed in all delicious places and feasted on good food and drink.

We REALLY pursued pleasure.

*Sistah's truly united  
and liberated!*



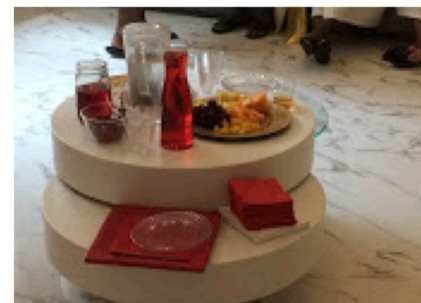
## A pleasure filled day!

We greeted our Soul Sistah's at the door and they were quickly whisked away to the changing area. I had warned them, that at a Korean Day Spa the expectation was buck nakedness.

The ladies took it in stride. Honeyyyyyy, we gave these Korean women a serious run for their money.

Get a taste of what you missed [here!](#)

Our pleasure swag bag was filled to the top, with products used to encourage all the ladies to indulge in their senses. We covered touch, taste, smell, sight and sound. And the cherries on top were our precious yoni eggs, waist beads and pleasure principle flower essence mix.



In our discussion afterwards, I asked the ladies when was the last time they had taken such good care of themselves.

No one could remember the last time. What does that mean?

That we do not take enough time to first, take care of ourselves. Now we can't afford to go to the spa every week or month, BUT we can still take care of ourselves.

Choose one day in the week to take a long luxuriating bath. Be mindful while you lotion every part of your body. Take 5 minutes in the morning to stretch your body. Take 5 minutes every night to run through your gratitude list.

In everything you do, find the time, to take time, that's the first rule in pursuing the divine feminine.

For the next 7 days our Sistah's have committed to reconnect to HER.

Listen, there was even a suggestion to start a book club. We would read books all about leading us to our divine and sacred femininity. We're thinking about it!

And we're definitely going back for another Juvenex experience, in the near future, because that massage is something we ALL must experience. You can check out my recap of that at my blog [soulsistah4real.com](http://soulsistah4real.com).

As always, you can check us out at [SoulSistahSeries.com](http://SoulSistahSeries.com) and follow us on Fb, IG and tune into hilariousness and sensuality on our [Youtube](#) channel, all at SoulSistahSeries.

Till next time.

And remember, if you love us, share us with a Sistah!



## Save the Date

**Soca & Scotch**

**July 2015**

For our next event, in the heart of summer, we're taking you to carnival. Join us for Soca, Scotch and Sweat. Whine your waistline, indulge your taste buds and reconnect with your inner Goddess.